



New Study with a Natural Medicine

The effects of CDRI 08[®] (a special extract of Bacopa) on children and adolescents with inattention and hyperactivity

The trial will investigate whether KeenMind[®] (containing CDRI 08[®], a specific extract of the herb *Bacopa monnieri*), may help with the symptoms of inattention and hyperactivity in boys aged between 6 and 14 years of age.

KeenMind[®], containing CDRI 08[®], has been researched for over a decade in Australian clinical trials undertaken by Swinburne University, and has been assisting the memory, recall and concentration of Australians for over a decade.

Study participants will be given KeenMind[®] or a placebo and sit tests measuring their IQ, memory, attention, reaction time, inhibition and behaviour.

The trial is a placebo controlled, double blind, parallel groups, randomised controlled trial, sponsored by Soho Flordis International.

Parents will receive a report summarising some of their child's test results

For more information about how participants can enrol into the trial or about KeenMind, visit www.inattentiontrial.com or call (03) 9214 4444

About *Bacopa monnieri*

Bacopa monnieri (Bacopa) has been mentioned in Indian religious, social and medical histories since 3000 B.C. Its use as a cognitive aid can be traced back to 1500 B.C. Bacopa has been used in Ayurvedic medicine for various indications including memory decline and inflammation.



About KeenMind[®]

KeenMind[®] contains a specific extract of *Bacopa monnieri* (CDRI 08[®]) clinically proven to support memory, concentration and learning retention. It can also be beneficial during times of stress. KeenMind[®] has been researched for over 40 years by the Indian government's Central Drug Research Institute and more recently in Australian clinical trials undertaken by Swinburne University.

www.keenmind.com.au

About Swinburne University's Centre for Human Psychopharmacology

Swinburne University's Centre for Human Psychopharmacology has published over 100 publications on clinical trials ranging from vitamins, herbal supplements, pharmaceuticals and illicit drugs across several populations including clinical disorders such as Down's Syndrome, Major Depression, Generalised Anxiety Disorder, Cognitive Impairment and ADHD as well as in healthy children, adolescents and in the elderly.

Professor Con Stough, Co-Director of The Centre for Human Psychopharmacology, is currently undertaking two clinical trials in conjunction with SFI Research, investigating the effects of chronic administration of Bacopa on cognitive and brain function in healthy adults aged between 60-74 years; and in young boys between the ages of 6-14 years with symptoms of hyperactivity and inattention.

www.swinburne.edu.au/lss/chp/

Study Trial No.: ACTRN12612000827831



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(a special extract of Bacopa) on
children and adolescents with
inattention and hyperactivity

Participant eligibility checklist

Child may have a history of, or parents might have expressed concerns regarding their son:		
	Yes	No
- Being hyperactive: constantly fidgeting, not able to sit still		
- Being hard to control or manage		
- Demonstrating a wide range of emotional outbursts		
- Demonstrating behavioural issues, such as: <ul style="list-style-type: none"> o being antisocial o problems maintaining friendships o being disruptive at school 		
- Demonstrating problems concentrating or issues of inattention		
- Demonstrating learning difficulties: Doing poorly at school		
- Demonstrating problems with doing homework at home		
- Demonstrating impulsiveness: Lacking the ability to control his impulses		
Summary of trial participant inclusion criteria		
- Is the patient male?		
- Are they aged between 6 - 14 years of age?		
- Can they speak fluent English?		
- Are they currently free of any medication or other natural supplements?		
- Are they free of any existing or pre-existing physical or neurological conditions? Vision or hearing impairment?		
- Are they free of heart disease, high blood pressure or diabetes?		
- Are they free of any health conditions which may affect their food metabolism? <i>Such as food allergies, kidney disease, liver disease, or any form of gastrointestinal diseases (Irritable Bowel Syndrome, Coeliac disease, peptic ulcers)</i>		
- Are they free of any history of drug abuse?		

**If the patient fits the above description,
he may be eligible to enrol into the trial**

**Please note there are other inclusion criteria for this trial*

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